

## NSIC Offensive Player of the Year



Lauren Sturdivant  
F, 5-4, Jr.  
Eagan, Minn.  
Eagan HS  
Winona State

## NSIC Defensive Player of the Year



Hannah Bengtson  
GK, 5-11, Jr.  
Lino Lakes, Minn.  
Centennial HS  
Minnesota Duluth

## NSIC Co-Newcomers of the Year



Jordyn Wallenborn  
F, 5-5, Fr.  
Camas, Wash.  
Camas HS  
MSU Moorhead



Mary Morhardt  
M, 5-5, Fr.  
Gilbert, Ariz.  
Highland HS  
St. Cloud State

## NSIC Coach of the Year



Becky Heiberger  
2nd Year at  
St. Cloud State

## 2009 NSIC SOCCER ALL-CONFERENCE TEAM

| #  | First Team         | Pos. | Yr. | School               | Hometown               |
|----|--------------------|------|-----|----------------------|------------------------|
| 4  | Ashley Ellefsen    | F    | Jr. | Bemidji State        | Hugo, Minn.            |
| 22 | Joanna Drennan     | D    | Sr. | U-Mary               | Burnsville, Minn.      |
| 1  | Hanna Bengtson     | GK   | Jr. | Minnesota Duluth     | Lino Lakes, Minn.      |
| 12 | Clare Dahmen       | M    | Sr. | Minnesota Duluth     | Hopkins, Minn.         |
| 20 | Maria Leider       | D    | Jr. | Minnesota Duluth     | Duluth, Minn.          |
| 16 | Reegan Lloyd       | D    | So. | Minnesota Duluth     | Woodbury, Minn.        |
| 3  | Laura Leber        | F    | Jr. | Minnesota State      | Council Bluffs, Iowa   |
| 17 | Gina Paletta       | M    | Sr. | Minnesota State      | Omaha, Neb.            |
| 11 | Kaylee McDonald    | F    | So. | Northern State       | Ramsey, Minn.          |
| 17 | Alexandra Pafko    | F    | So. | St. Cloud State      | Blaine, Minn.          |
| 9  | Cori Beard         | M    | Jr. | Winona State         | Libertyville, Ill.     |
| 20 | Lauren Sturdivant  | F    | Jr. | Winona State         | Eagan, Minn.           |
| #  | Second Team        | Pos. | Yr. | School               | Hometown               |
| 13 | Katie Shandri      | F    | Jr. | Augustana            | Windsor Heights, Iowa  |
| 12 | Alysha Domiano     | D    | Jr. | Bemidji State        | Dayton, Minn.          |
| 4  | Amy Tanaka         | M    | So. | U-Mary               | Aiea, Hi.              |
| 19 | Alex Paffrath      | M    | Sr. | Minnesota Duluth     | Owatonna, Minn.        |
| 31 | Kristen Carpentier | D    | Sr. | Minnesota State      | Lakeville, Minn.       |
| 19 | Jordyn Wallenborn  | F    | Fr. | MSU Moorhead         | Camas, Wash.           |
| 10 | Maggie Fedor       | M    | Jr. | Northern State       | Monticello, Minn.      |
| 6  | Mary Morhardt      | M    | Fr. | St. Cloud State      | Gilbert, Ariz.         |
| 12 | Amy Campbell       | D    | Sr. | Upper Iowa           | Cary, Ill.             |
| 1  | Anna Belpedio      | GK   | So. | Winona State         | Coon Rapids, Minn.     |
| 26 | Megan Rowland      | D    | Jr. | Winona State         | Geneva, Ill.           |
| 22 | Melissa Sellier    | F    | So. | Winona State         | Neenah, Wis.           |
| #  | Third Team         | Pos. | Yr. | School               | Hometown               |
| 21 | Jill Goodrich      | D    | Jr. | Augustana            | Coralville, Iowa       |
| 8  | Katie Johnson      | M    | Sr. | Concordia-St. Paul   | Anoka, Minn.           |
| 7  | Arielle Stimson    | F    | Fr. | Concordia-St. Paul   | Lakeville, Minn.       |
| 2  | Megan Hellrung     | D    | Jr. | U-Mary               | Arvada, Colo.          |
| 7  | Megan Wilson       | F    | Jr. | U-Mary               | Hickory Corners, Mich. |
| 13 | Jessie Audas       | M    | Jr. | Minnesota State      | Omaha, Neb.            |
| 11 | Justine Jones      | M    | Sr. | Minnesota, Crookston | Richland, Wash.        |
| 24 | Laura Skog         | D    | Sr. | Northern State       | Anoka, Minn.           |
| 3  | Gabby Najera       | M    | Jr. | St. Cloud State      | Longmont, Colo.        |
| 13 | Shaina Marnell     | F    | So. | Upper Iowa           | Hanover Park, Ill.     |
| 10 | Valerie Robinson   | M    | Sr. | Wayne State          | Council Bluffs, Iowa   |
| 1  | Elizabeth Kelly    | GK   | Sr. | St. Cloud State      | Omaha, Neb.            |
| #  | Honorable Mention  | Pos. | Yr. | School               | Hometown               |
| 16 | Ciara Godfrey      | D    | Jr. | Augustana            | Maplewood, Minn.       |
| 23 | Linsey Olesiak     | D    | Sr. | Bemidji State        | Hermantown, Minn.      |
| 11 | Roxy Kashani       | D    | Sr. | Concordia-St. Paul   | Prior Lake, Minn.      |
| 0  | Carly Feiler       | GK   | Sr. | U-Mary               | Pierre, S.D.           |
| 0  | Anna Ogaard        | GK   | Jr. | Minnesota, Crookston | Maple Grove, Minn.     |
| 18 | Kelly Duchene      | M    | Sr. | Minnesota Duluth     | Chanhausen, Minn.      |
| 14 | Brianne West       | M    | Fr. | Minnesota State      | Omaha, Neb.            |
| 6  | Laura Kohtala      | D    | Jr. | MSU Moorhead         | Appleton, Wis.         |
| 3  | Summer Swan        | M    | Sr. | Northern State       | Oregon City, Ore.      |
| 10 | Jenna Perske       | D    | Jr. | SMSU                 | Sartell, Minn.         |
| 8  | Lindsey Sather     | F    | So. | St. Cloud State      | Eden Prairie, Minn.    |
| 8  | Emily Gielau       | M    | So. | Upper Iowa           | Denver, Iowa           |
| 23 | Mikayla Comba      | D    | Jr. | Wayne State          | Omaha, Neb.            |
| 12 | Sarah Colleran     | M    | So. | Winona State         | Caledonia, Minn.       |